

Riverside University Health System - Behavioral Health

Peer Support & Resource Centers



Peer Support & Resource Centers offer peer support services to any community member wishing to explore their wellness. Offering wellness and recovery groups, individual peer support, and other activities in a structured environment. Our services assist community members in building resiliency while connecting to natural and community supports.

Services available all locations:



Emotional support, resources, skill building, coping skills exploration, goals exploration, and one-on-one peer support.



Planning for Success, Coping through Creativity, Taking Action to Manage Anger, Lunch & Learn Wellness, Wellness through Fitness, Recovery Activities, and more.

Peer Support & Resource Center Locations & Hours:



RIVERSIDE
2085 Rustin Avenue,
Riverside, CA 92507
(951) 955-9300
M-F 8 AM - 5 PM



INDIO
44-199 Monroe Street,
Indio, CA 92201
(760) 863-7067
M-F 8 AM - 5 PM



TEMECULA
40925 County Center Drive,
Suite 120
Temecula, CA 92597
(951) 600-6410

