

# LGBTQ+

## Suicide Prevention Resources



### **National Suicide Prevention Lifeline**

1-800-273-TALK (8255)  
Veterans: Press 1



### **Trans Lifeline**

Support for transgender people,  
by transgender people  
1-877-565-8860



### **Text TALK to 741741**

Text with a trained counselor from  
the Crisis Text Line for free, 24/7



### **SAGE LGBT Elder Hotline**

Peer-support and local resources  
for older adults  
1-877-360-LGBT (5428)



### **The Trevor Project**

TrevorLifeline: Available 24/7 at  
1-866-488-7386

TrevorText: Text TREVOR to  
1-202-304-1200

TrevorChat: Via [thetrevorproject.org](http://thetrevorproject.org)



### **The LGBT National Hotline**

Peer-support and local resources  
for all ages  
1-888-843-4564

[afsp.org/lgbtq](http://afsp.org/lgbtq)



**American  
Foundation  
for Suicide  
Prevention**